THE COCKPIT

The Cockpit, an ancient former cock-fighting pit in the hotel garden, is open every morning during the fishing season from 9am to 10am. One of our fishing team will be there to give their advice on choice of beats, tactics, and all fishing-related matters. If you do not have your own tackle you can hire everything you need, including waders. The Cockpit is well-stocked with the latest fishing tackle and a comprehensive selection of local flies.

DRYING ROOM

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TUITION AND GHILLIES

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Facilities

Beat Book
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Facilities

01566 784666
www.thearundell.com
bookings@thearundell.com

The Arundell Hotel, Lifton, Devon, United Kingdom
PL16 0AA

For fishing enquiries please contact:
david.pilkington@thearundell.com
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Original artwork & maps - Sascha Lopes
Words - David Pilkington

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River Lyd
Home Beat - River Lyd

Lifton Park Bridge downstream to notice board (both banks).

Distance from hotel - ½ mile

Length of beat - ¾ mile

Directions - Turn left out of the hotel car park and after 150 yards, turn right into Leat Road. After 300 yards, and immediately before the bridge, bear right through the estate drive gates. Continue along the estate drive for ¾ mile to a clearing on the left marked ‘Arundell Arms Parking’.

From the car park, walk on a few yards along the drive until you reach a stile. Climb over the stile and walk straight down the short field to the river. There is a hedge on your left and Home Beat starts upstream of it. Home Beat can also be fished from the top of the beat; please follow directions from the hotel to the parking place as for Beat 1.

The Fishing - This is good salmon and outstanding sea trout water. It is also excellent brown trout water. There are five named salmon pools (reading downstream): Silver Doctor, Blue Charm, Stoat’s Tail, Jeannie, and Black Doctor.

Silver Doctor, Blue Charm and Stoat’s Tail are good salmon holding pools, Jeannie Pool and Black Doctor tend to hold fish only in high water.

Home Beat is sub-divided for night fishing:

Home A - From Silver Doctor Pool to the gauging weir below Blue Charm Pool. Pools – Silver Doctor, Blue Charm. To fish Silver Doctor, which is an excellent holding pool, park as for Beat 1 and fish from the left bank.

Home B - From the gauging weir to the bottom of the beat. Pools – Stoat’s Tail, Jeannie and Black Doctor.
Home Beat - River Lyd
Bottom Beat - River Lyd

Notice board downstream to junction with Tamar (both banks).

Distance from hotel - ½ mile
Length of beat - ¾ mile

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The Fishing - This is good salmon and outstanding sea trout water. It is also excellent brown trout water. Each beat is subdivided for night fishing. There are seven named pools (reading downstream): Hairy Mary, Jock Scott, Logie, Between The Bridges, Thunder and Lightning, Garry, Mar Lodge, and Torrish.

The best holding pools for both salmon and sea trout are Jock Scott and Mar Lodge. The other pools can all produce salmon on high water.

N.B. Lyd Foot Pool is part of Beat 7A.

Bottom Beat is subdivided for night fishing:

Bottom A - From beginning of beat downstream to the tail of Jock Scott. Pools - Hairy Mary and Jock Scott.

Bottom B - From Logie Pool downstream to the end of beat. Pools - Logie, Between The Bridges, Thunder and Lightning, Garry, Mar Lodge and Torrish.
Beat 1 Rivers Lyd & Thrushel

Lifton Park Bridge upstream to Southern & New Tinhay Bridges (both banks).

Distance from hotel - ¼ mile

Length of beat - ¾ mile

Directions - Turn left out of the hotel car park and after 150 yards turn right into Leat Road. After 300 yards cross the river bridge and turn immediately left before parking in the recreation field.

The Fishing - This is good sea trout water for night fishing and the best stretch is on the Lyd in King and Clare’s pools. The small junction pool is always worth a cast for sea trout at last light but is not big enough for serious night fishing. This is a good brown trout beat, fished with wet or dry fly.

The Lyd beat starts immediately above the park bridge and extends upstream along the recreation field and the adjacent field to the junction with the Thrushel which comes in from the right bank. From this junction you can fish up the Lyd straight on by wading for a further 300 yards to the top of the beat at next bridge. (Adventurous wading required, you will need a wading staff!). You can wade up the Thrushel for 200 yards, also to the first bridge.

N.B. The right bank from the bottom of the beat upstream to King Pool is not owned by The Arundell. Also, the continuous use of the river in the recreation field by dog-walkers means that this stretch is always disturbed, and we do not recommend fishing it by day. Once you have gone over the hedge into the second field, this is privately owned and should be less disturbed. The dogs and their owners usually disappear after sunset, and with a bit of time to settle down, King Pool is definitely worth a cast in the dark for sea trout.
Beat 2 - River Lyd

Southern Bridge upstream to Spry Farm (both banks).

Distance from hotel - ½ mile

Length of beat - ¾ mile

Directions - Turn left out of the hotel car park. After ½ mile turn right, signed ‘Chillaton’. After 100 yards you will cross Southern Bridge. Park immediately after the bridge on the right, taking care not to block access to the field gateway. To start fishing, climb over the bridge wall opposite the parking place (there is a step on the field side of the wall) and fish upstream.

The Fishing - An excellent trout beat, wet or dry fly, best fished with a short rod. The middle third is fairly heavily bushed, the top and bottom more open. Not a beginner’s beat. The Bridge and Mill pools are worth fishing at night for sea trout. The top end of the beat is best accessed from the Beat 3 parking area, just walk from there towards the old farm and take the gate into the field on your right. Beech Tree Pool provides good night fishing for sea trout.

N.B. Avoid the narrow rocky gully above the top of the Bridge Pool; the sloping slate riverbed is always very slippery, and quite dangerous. To access the Factory pool, walk out into the field around the small copse, and carefully climb down (on more sloping slate) and wade across. DO NOT try this at night, despite the shoal of sea trout you will have seen in the Factory Pool in the day!
Beat 2 - River Lyd
Beat 3 - River Lyd

Beat 3 begins one paddock up from Spry Farm through to the ‘Beat End’ notice board above weir. (Both banks up to the weir, then left bank only to end of beat).

Distance from hotel - 1 mile

Length of beat - ¾ mile

Directions - Turn left out of hotel car park down through the village. After about ½ mile and immediately after passing the factory entrance, turn right down a fork road by a speed limit de-restriction sign. N.B. Please drive slowly and carefully on this road, it gets very little traffic and often has dogs lying asleep on the tarmac by the cottages. Follow this road to the end and park on the right in the marked space. Walk into the old farmyard, immediately turn right and you are at the bottom of the beat. Fish up to the weir, then wade across the river below the weir and continue fishing from left bank only to end of beat at the top of this one long field. There is a stile at the top of this field giving access to the lower beat (Warren Wood) on the Sydenham water.

The Fishing - There are several excellent sea trout pools which are easily fished at night. Good brown trout and grayling water, and good for salmon any time from mid-summer onwards given sufficient water.

Beat 3 is subdivided for night fishing:

3A - From the bottom of the beat upstream to the weir.

3B - From the weir upstream to the end of the beat at notice board.
Beat 3 - River Lyd

Beat 3 - River Lyd

to Beat 2
Sydenham, Warren Wood - River Lyd

Right bank, fishing hut downstream to end of Warren Wood.
Left bank, fishing hut downstream to the ‘End of Beat’ sign at the top of Beat 3.

Distance from hotel - 4 miles
Length of beat - ¾ mile

Directions - Turn left out of hotel car park. After approximately 2 ¼ miles at Portgate, turn right at the crossroads signed ‘Dippertown, Sydenham & Marystow’. Follow for another 1 ½ miles passing a left turn to Dippertown. After a further 300 yards, turn hard right onto the old railway line signed ‘Private Fishing, Warren Wood and The Hams beats’. Follow this track for another 300 yards and turn left to the fishing hut and car park. Please leave all cars here.

For access to the lower end of the beat, walk back onto the old line, turn left, and proceed down the line to the new pink and green footbridge.

The Fishing - The beat starts at the tail of the Hut Pool; by wading across you are then in open fields. The right bank is wooded and difficult to fish. The fields become very marshy and walking often necessitates moving up the hill, into the open field away from the river to skirt the marsh. Well worth the trouble as some lovely pools are found further downstream. If you don’t fancy wading across, just walk back onto the old line, follow for 100 yards then turn left where there is a footbridge. The first 150 yards of river below the footbridge are tough fishing and we are retaining this as a fish sanctuary area.
Sydenham, Warren Wood - River Lyd
Sydenham, The Hams - River Lyd

**Fishing hut upstream to Sydenham Bridge, both banks.**

**Distance from hotel - 4 miles**

**Length of beat - \( \frac{3}{4} \) mile**

**Directions** - Turn left out of hotel car park. Follow main road for approximately 2 \( \frac{1}{4} \) miles and at Portgate take the right turn at the crossroads, signed ‘Dippertown, Sydenham & Marystow’. Follow for another 1 \( \frac{1}{2} \) miles, passing a left turn to Dippertown, after a further 300 yards turn hard right onto the old railway line, signed ‘Private Fishing, Warren Wood and The Hams beats’. Follow the track for a further 300 yards, turn left and park by the fishing hut and car park. Please leave all cars there.

**The Fishing** - The beat starts at the tail of the Hut Pool and goes upstream to Sydenham Bridge. All of the right bank back up to where you left the tarmac road is heavily wooded, and can only be fished from the other side, so wade across the tail of the Hut Pool to fish upstream. Past the Wall Pool, you can then wade across back to the right bank into a field, to carry on fishing up. If you don’t fancy wading across at the hut, walk back onto the old line, turn left, left again after 100 yards, to a footbridge. Cross the bridge and walk back up to the hut to fish your beat from the field side, starting at the hut.
Sydenham, The Hams - River Lyd
Sydenham, Angel Steps - River Lyd

Marystow Bridge downstream to Sydenham Bridge, both banks, except the last 100 yards on the left bank above Sydenham bridge known as The Turtle Grove and reserved for the Hart family.

Distance from the hotel - 4 miles

Length of beat - 2/3 mile

Directions - Turn left out of hotel car park. Follow the main road for approximately 2 ¼ miles, and at Portgate take the right turn at the crossroads, signed ‘Dippertown, Sydenham & Marystow’. Follow for another 1 ½ miles, passing the entrance into Warren Wood and The Hams beats, and ignoring a right turn signed ‘Sydenham & Marystow’. After a further 300 yards or so, turn right down a lane signed ‘Coombe House’ & ‘Angel Steps Beat’. Go down the lane past Coombe House, and park in a pull-in on the right, signed ‘Park here for Angel Steps Beat’. The gate on your right which you have just passed gives access to the top of the beat. Follow the countryside code, leave gates as you found them, and park close to the hedge to allow farm vehicles to pass.

The Fishing - This water normally runs quite clear, so exercise caution when walking down the field along the river, which is fenced off throughout the whole length of the beat. There are stiles to climb the fence and access most of the pools. Worth walking the full length of the beat, to reconnoitre as you go.
Sydenham, Angel Steps - River Lyd
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River Tamar
Beat 7A - River Tamar

Tail of Upper Quarry downstream to Lyd Foot (left bank only).

Distance from hotel - 1 ½ miles

Length of beat - ½ mile

Directions - Turn right out of hotel car park. After less than a mile, turn left (signed ‘Launceston’ A30) and then immediately left again off the slip road (signed ‘Wooladon Estate’). Head over the cattle grid and turn right (signed ‘The Arundell Beats 7A, 7B & 8A’) and follow the lane for approximately 200 yards. Turn left through a wooden gate into the cottage driveway (signed ‘Beats 7A, 7B & 8A’) and then immediately right down the lane, keeping the cottage on your left. Follow the lane and park in clearing marked ‘The Arundell Park Here’.

Beats 7A, 7B, 8A are all reached by walking from here. Please do not drive any further down the track. Follow the sign ‘to all beats’, walking along the path beside the hedge. Go straight across the old railway line and over a stile into the field.

For beat 7A, turn left and walk along the edge of the field to the end. This is the top end of 7A.

The Fishing - The two main salmon pools are Lydfoot and Quarry, both good holding pools. The three smaller pools are well worth fishing except in low water.
Beat 7B - River Tamar

Little Coffin Pool downstream to the neck of Upper Quarry (left bank only).

Distance from hotel - 1 ½ miles

Length of beat - ½ mile

Directions - Turn right out of hotel car park. After less than a mile, turn left (signed ‘Launceston’ A30) and then immediately left again off the slip road (signed ‘Wooladon Estate’). Head over the cattle grid and turn right (signed ‘The Arundell Beats 7A, 7B & 8A’) and follow the lane for approximately 200 yards. Turn left through a wooden gate into the cottage driveway (signed ‘Beats 7A, 7B & 8A’) and then immediately right down the lane, keeping the cottage on your left. Follow the lane and park in clearing marked ‘The Arundell Park Here’.

Beats 7A, 7B, 8A are all reached by walking from here. Please do not drive any further down the track. Follow the sign ‘to all beats’, walking along the path beside the hedge. Go straight across the old railway line and over a stile into the field.

For beat 7B the whole of this field is your beat, the top end being just 50 yards to your right.

The Fishing - Tunnel and Chain Bridge are the main salmon pools, but there are three other pools which usually hold fish, particularly on a falling spate. Tunnel Pool is nice salmon fly water. The entire beat is good trout water, which can only be fished properly by careful wading. Due to the steep banks, much of this beat is accessed by ladders.
Beat 8A - River Tamar

Coffin Pool upstream to Dunheved Bridge (left bank only).

Distance from hotel - 1 ½ miles

Length of beat - ½ mile

Directions - Turn right out of hotel car park. After less than a mile, turn left (signed ‘Launceston’ A30) and then immediately left again off the slip road (signed ‘Woolaton Estate’). Head over the cattle grid and turn right (signed ‘The Arundell Beats 7A, 7B & 8A’) and follow the lane for approximately 200 yards. Turn left through a wooden gate into the cottage driveway (signed ‘Beats 7A, 7B & 8A’) and then immediately right down the lane, keeping the cottage on your left. Follow the lane and park in clearing marked ‘The Arundell Park Here’.

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For beat 8A, walk to your right, over a stile and follow the path through the copse. The neck of Coffin Pool is effectively the start of the beat.

The Fishing - There are six named salmon pools (reading upstream): Coffin, Railway Hut, Stump, Midway, Mallard and Snipe. These are long, slow pools and provide good holding water for salmon. All pools except the neck of Coffin are accessed by ladders. Long stretches of trout water can be covered in low water by careful wading with chest waders.
Beat 8A - River Tamar
Beat 8B - River Tamar

Polson Bridge downstream to Dunheved Bridge (left bank only).

Distance from hotel - 2 miles

Length of beat - ½ mile

Directions - Turn right out of the hotel car park, and keep on this road, passing under the A30. At the bottom of the steep hill, just before Polson Bridge, turn sharp right into the entrance of Welltown Farm. Park inside the gateway on the right. Do not obstruct the farm road and please park so that other cars may park beside you. Turn right out of the car park and walk along the main road to the bridge. Cross road immediately before the bridge and follow the steps at the corner of bridge down to the river. This is the top end of the beat. Please use the path along edge of water to avoid entering the grounds of the house around Cottage Pool, and do not take a short-cut back up the cottage drive when returning to car park.

The Fishing - This beat has six named pools (reading downstream): Polson Bridge, Willow, Cottage, Jay, Tweed, and Teal. Polson Bridge and Willow are high water pools and rarely hold salmon at any other time.

This is good trout water fished wet or dry, and also holds sea trout.
Beat 8B - River Tamar
Beat 9A - River Tamar

Polson Bridge upstream to old railway bridge (left bank only).

Distance from hotel - 2 miles

Length of beat - ½ mile

Directions - Turn right out of the hotel car park, and keep on this road, passing under the A30. At the bottom of the steep hill, just before Polson Bridge, turn sharp right into the entrance of Welltown Farm. Park inside the gateway on the right. Do not obstruct the farm road and please park so that other cars may park beside you.

Go through gate into the field and walk across one field to the river. The beat starts immediately above Polson Bridge.

The Fishing - There are three named salmon pools (reading upstream): Flat, Wall, and PT's. Flat Pool fishes best in high water.

Good brown trout water. Wading required, with some ladders.
Beat 9B - River Tamar

**Old railway bridge upstream to junction with River Carey (left bank only).**

Distance from hotel - 2 miles

Length of beat - ½ mile

**Directions** - Turn right out of the hotel car park, and keep on this road, passing under the A30. At the bottom of the steep hill, just before Polson Bridge, turn sharp right into the entrance of Welltown Farm. Park inside the gateway on the right. Do not obstruct the farm road and please park so that other cars may park beside you.

Go through the gate into the field and walk across one field to the river. Walk upstream from Polson Bridge along Beat 9A to the start of 9B at the notice board by the old railway bridge.

**The Fishing** - There are five named salmon pools (reading upstream): Bridge Run, Lower Boat, Upper Boat, Hedge and Carey Foot. Upper Boat is an excellent holding pool, but rather uninteresting fly fishing.

Excellent brown trout fishing, particularly the top half of the beat, but wading is essential. All pools are accessed by ladders.
Beat 9B - River Tamar
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Beat 4 - River Thrushel

New Tinhay Bridge upstream to notice board (both banks).

Distance from hotel - ½ mile

Length of beat - ¾ mile

Directions - Turn left out of the hotel park. Follow down the long straight, past Lifton Bridge Car Sales, and turn left immediately before the petrol station. Continue along this road for about 200 yards, to Old Tinhay bridge. Cross the bridge and park in the lay-by at the far end of the wall. The gate into the field going upstream is locked, but easily climbed. To access the field below Old Tinhay Bridge, the code to the combination padlock is 6666.

Fish upstream from the bridge to the notice board, and downstream from the bridge to the main road bridge.

The Fishing - The beat is easiest fished from the right bank. There are good sea trout pools between the two bridges, immediately above Old Tinhay Bridge and above the gauging weir. These are also good brown trout pools and not difficult to fish. Plenty more good trout water is accessible by wading, tricky though in places.

N.B. The deep pool above Old Tinhay Bridge has been traditionally used by the village children for swimming in hot summer weather. Going downstream or upstream should give you undisturbed water.
Beat 6A - Rivers Thrushel & Wolf

Thrushel junction upstream to notice board on Wolf, and junction downstream on Thrushel to notice board (both banks). Also upstream on the Thrushel, right bank only, for a further 200 yards. Cross the Wolf about 40 yards above the junction to access this stretch.

Distance from hotel - 1 mile

Length of beat - 1 mile

Directions - Turn left out of hotel car park. Down the long straight, past Lifton Bridge Car Sales, and turn left immediately before the petrol station. Carry on, over Old Tinhay Bridge, turn right, and continue past a couple of cottages, over a very slight rise, and park on the left by some farm sheds. Please leave gateways clear and pull in tight to the hedge to allow the daily milk tanker past. Go through the iron gate on your right into the field beside a ‘Public Bridleway’ sign, and across one field, keeping to the right-hand hedge. This will bring you to the Junction Pool.

The Fishing - A small, shaded river with deep pools linked by narrow stickles. Exciting dry fly and nymph water, with some good trout present. This beat can only be fished properly by wading, which overall is not difficult. A rod of 8 feet or less is recommended. The Thrushel section below the junction is wider and easier to fish, with the chance of a sea trout in the junction pool from July onwards.
Beat 6A - Rivers Thrushel & Wolf
Beat 6B - River Wolf

From end of Beat 6A upstream to Beat End notice board (both banks).

Distance from hotel - 1½ miles
Length of beat - ¾ mile

Directions - Turn left out of the hotel car park. Go down the long straight, past Lifton Bridge Car Sales, and turn left immediately before the petrol station. Carry on over Old Tinhay Bridge and turn right. Keep on for about a mile, passing the Beat 6A access, up over a hill, until a farm comes into view. Park in the small pull-in on the left, about 100 yards before the farm. Please do not obstruct gateways.

Access to Beat 6B is about 30 yards back from the pull-in, across the road through the gate marked Beat 6B. The right-hand corner of this field is the bottom of the beat.

The Fishing - Similar water to Beat 6A. A rod of 8ft or less is recommended.
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Rivers Upper Lyd and Lew
Beat 17 - Rivers Lyd & Lew

*River Lyd, Coryton Bridge upstream to notice board (right bank only).*  
*River Lew, Lee Bridge upstream to notice board (both banks).*

Distance from hotel - 4½ miles

Length of beat - River Lyd ¼ mile & River Lew ½ mile

**Directions** - Turn left out of the hotel car park. Follow the main road for approximately 2 ¼ miles and at Portgate take the next right turn signed ‘Dippertown, Sydenham, and Marystow’. Follow this road for a further 2 ¾ miles, crossing the small river bridge over the River Lew, and take an unmarked right turn just 50 yards up the hill. Park immediately, just beyond the stone wall. Please do not block the gateway.

**River Lyd** - Enter the gate on your left. The beat goes from this bridge up under the next road bridge to the end of beat sign, upstream from where the disused railway bridge crosses the river.

**River Lew** - Walk back down the road towards the river bridge and go through the field gate on your right. The beat goes from here up to the end of beat sign.

**The Fishing** - These beats offer some of the most secluded and adventurous fishing that we have to offer. They are also arguably the most challenging. Definitely not for beginners, beats 17 - 20 require much wading and climbing up and down banks. They are small – 7ft rod territory – and tricky, especially in normal conditions on the Upper Lyd, which runs gin-clear. However, when all other beats further downstream are in spate, these can often be fishable as they fall and clear more quickly.
Beat 18 - River Lew

From end of Beat 17 upstream to notice board (both banks).

Distance from hotel - 5 miles

Length of beat - 1 mile

Directions - Turn left out of the hotel car park. Follow the main road for approximately 2 ¼ miles and at Portgate take the next right turn signed ‘Dippertown, Sydenham, and Marystow’. Follow this road for a further 2 ¼ miles, crossing the small river bridge over the River Lew, and take an unmarked right turn just 50 yards up the hill. Park immediately, just beyond the stone wall. Please do not block the gateway.

River Lew - Walk back down the road towards the river bridge and go through the field gate on your right. This is beat 17. Beat 18 continues upstream from the top of Beat 17.
Beat 19 - River Lyd

**Coryton Mill upstream to Longham Ford (right bank only).**

Distance from hotel - 5½ miles

Length of beat - 1 mile

**Directions** - Turn left out of the hotel car park. Follow the main road for approximately 2 ¼ miles and at Portgate take the next right turn signed ‘Dippertown, Sydenham, and Marystow’. Follow this road for a further 2 ¼ miles to a crossroads (shortly after crossing the River Lew at Beat 17). Continue straight on at the crossroads over the Lewdown/Tavistock road and after approximately ¾ mile take a right turn signed ‘Coryton Church and Liddaton’. Follow down past Coryton Church to the river bridge and park in the small pull-in immediately over the bridge on your left.

Climb down into the river and wade across. The beat goes from here right up to Longham Ford (beat 20).
Beat 19 - River Lyd

START OF BEAT

To Coriton

LONGHAM FORD

To Beat 20

End of Beat

PARKING

To Darmsom
Beat 20 - River Lyd

Longham Ford upstream to notice board (right bank only).

Distance from hotel - 6½ miles

Length of beat - 1¼ miles

Directions - Turn left out of the hotel car park. Follow main road for approximately 2 ¼ miles and at Portgate take the next right turn signed ‘Dippertown, Sydenham, and Marystow’. Follow this road for a further 2 ¼ miles to a crossroads (shortly after crossing the River Lew at Beat 17). Continue straight on at the crossroads over the Lewdown/Tavistock road and after approximately ¾ mile take a right turn signed ‘Coryton Church and Liddaton’. Follow down past Coryton Church, over the river bridge (Beat 19) and take a left turn signed ‘No Through Road’ immediately before the disused railway bridge. Carry on for approximately 1 mile and park in the lay-by on your left beside a ford and footbridge.

The beat goes from here upstream to the ‘end of beat’ sign.
Beat 20 - River Lyd

Start of Beat

Downstream to Beat 19

Longham Pottery

Longham Ford

End of Beat
The Cockpit, an ancient former cock-fighting pit in the hotel garden, is open every morning during the fishing season from 9am to 10am. One of our fishing team will be there to give their advice on choice of beats, tactics, and all fishing-related matters. If you do not have your own tackle you can hire everything you need, including waders. The Cockpit is well-stocked with the latest fishing tackle and a comprehensive selection of local flies.

We have a very efficient drying room for wet clothes and waders should you need to use it. Please ask our receptionist to show you where it is.

Each year our instructors and guides run a number of beginner’s fly-fishing courses on river and still water fishing techniques. We also give individual and group tuition from beginner to advanced level. In addition, we specialise in modern Spey casting techniques, sea trout night fishing, and for the stillwater angler coming to the rivers for the first time, the essential skills of ‘rivercraft’. Lessons are tailored to suit your individual needs and requirements and will take place on one of our six rivers or the lake. All tackle can be provided at no extra cost. It is essential to book tuition and ghillies in advance.
Beat 12 - River Ottery

Penrose Ford upstream to notice board and downstream to notice board at top of Beat 13 (left bank only).

Distance from hotel - 13 miles
Length of beat - 1 mile

Directions - Turn right out of the hotel car park. After less than a mile take a left turn signed ‘Launceston A30’ and follow the dual carriageway for approximately 3 miles. Take a left turn off the dual carriageway signed ‘Launceston’ and carry on around the roundabout. Take the fourth exit, signed ‘Holsworthy A388’, and follow this road into Launceston, bearing left down the hill by Castle Gate.

At the bottom of the hill at the mini-roundabout, take the left fork. At the top of this steep hill, turn left by St. Stephens Church, signed ‘Egloskerry’. After 3 miles, at the bottom of a long downhill straight, turn right signed ‘North Petherwin’. Carry on over the bridge (Beats 15 and 16) and up the hill into North Petherwin. Take a left turn at the crossroads in the village, by the telephone box.

Follow down to where the road and river run parallel (Beats 13 and 14). Continue over a small stream and up to the top of the next hill. Pass a farm (set slightly back off the road) on your left and, 100 yards beyond farm, park in a small pull-in on the left. There is a ‘Park here for Beat 12’ notice, fairly high up on a tree. Please take care not to obstruct the gates.

Walk down a rough lane on your left, signed ‘Public Bridleway’. When you reach the river, the beat goes both up and downstream.

The Fishing - Definitely not beginners’ water, this is a narrow beat with a series of small but often deep pools. Waders are essential, as is a short rod (8 foot maximum). A good deal of walking and climbing banks and fences is required, so it is not suitable for less active anglers. Upstream fishing, with wet or dry fly, is needed on this water; hence it is suitable for left-handers or right-handers casting backhand.
Beat 12 - River Ottery
Beat 13 - River Ottery

**Penheale Ford upstream to notice board at bottom of Beat 12 (both banks).**

Distance from hotel - 12 miles  
Length of beat - 1 mile

**Directions** - Turn right out of the hotel car park. After less than a mile take a left turn signed ‘Launceston A30’ and follow the dual carriageway for approximately 3 miles. Take a left turn off the dual carriageway signed ‘Launceston’ and carry on around the roundabout. Take the fourth exit, signed ‘Holsworthy A388’, and follow this road into Launceston, bearing left down the hill by Castle Gate.

At the bottom of the hill at the mini-roundabout, take the left fork. At the top of this steep hill, turn left by St. Stephens Church, signed ‘Egloskery’. After 3 miles, at the bottom of a long downhill straight, turn right signed ‘North Petherwin’. Carry on over the bridge (Beats 15 and 16) and up the hill into North Petherwin. Take a left turn at the crossroads in the village, by the telephone box.

Follow down to where the road and river run parallel, and park in the pull-in on your left, immediately past a lane which fords the river. The beat starts at the ford and runs upstream for 1 mile.

**The Fishing** - Not beginners’ water, but some mouth-watering pools and runs for the competent caster. Narrow in places, this beat calls for a short rod (8 foot maximum) and plenty of wading. Being a double-bank beat, most of the pools are fishable from one side or the other. Lovely water for dry fly or upstream wet. You are sharing this tranquil valley with kingfishers and herons, otters and deer. We hope you see them.
Beat 13 – River Ottery

Beat 14 starts
200 yards downstream
Beat 14 - River Ottery

**From notice board 200 yards below Penheale Ford downstream to top of Beat 16 (right bank only).**

Distance from hotel - 12 miles

Length of beat - 1¼ miles

**Directions** - Turn right out of the hotel car park. After less than a mile take a left turn signed ‘Launceston A30’ and follow the dual carriageway for approximately 3 miles. Take a left turn off the dual carriageway signed ‘Launceston’ and carry on around the roundabout. Take the fourth exit, signed ‘Holsworthy A388’, and follow this road into Launceston, bearing left down the hill by Castle Gate.

At the bottom of the hill at the mini-roundabout, take the left fork. At the top of this steep hill, turn left by St. Stephens Church, signed ‘Egloskerry’. After 3 miles, at the bottom of a long downhill straight, turn right signed ‘North Petherwin’. Carry on over the bridge (Beats 15 and 16) and up the hill into North Petherwin. Take a left turn at the crossroads in the village, by the telephone box.

Follow down to where the road and river run parallel, and park in pull-in on your left, immediately past a lane which fords the river.

Wade across the ford, through a gate, turn left and follow the river downstream for about 200 yards. The beat starts at the notice board on a bend and runs downstream for a good long way to the top end of Beat 16.

**The Fishing** - A very long beat, with a good deal of walking and climbing of banks. There are some big pools, particularly towards the far end of the beat. Waders and a short rod are needed.
Beat 14 - River Ottery

Start of Beat

No Fishing Between Ford and Start of Beat

Upstream to Beat 13

To Beat 16

Parking
Beat 15 - River Ottery

Hellescott Bridge downstream through first field to wood (right bank).
From Hellescott Bridge downstream to notice board (left bank).

Distance from hotel - 10 miles
Length of beat - ¾ mile

Directions - Turn right out of the hotel car park. After less than a mile take a left turn signed ‘Launceston A30’ and follow the dual carriageway for approximately 3 miles. Take a left turn off the dual carriageway signed ‘Launceston’ and carry on around the roundabout. Take the fourth exit, signed ‘Holsworthy A388’, and follow this road into Launceston, bearing left down the hill by Castle Gate.

At the bottom of the hill, at the mini-roundabout, take the left fork. At the top of this steep hill, turn left by St. Stephens Church, signed ‘Egloskery’. After 3 miles, at the bottom of a long downhill straight, turn right signed ‘North Petherwin’. Continue to the river bridge, cross the bridge and park immediately on your right. Please do not block the gateway.

The Fishing - A lovely little trout river surrounded by quiet, pleasant countryside with buzzards often overhead.
Beat 15 - River Ottery
Beat 16 - River Ottery

Hellescott Bridge upstream to notice board (both banks).

Distance from hotel - 10 miles

Length of beat - ¾ mile

**Directions** - Turn right out of the hotel car park. After less than a mile take a left turn signed ‘Launceston A30’ and follow the dual carriageway for approximately 3 miles. Take a left turn off the dual carriageway signed ‘Launceston’ and carry on around the roundabout. Take the fourth exit, signed ‘Holsworthy A388’, and follow this road into Launceston, bearing left down the hill by Castle Gate.

At the bottom of the hill, at the mini-roundabout, take the left fork. At the top of this steep hill, turn left by St. Stephens Church, signed ‘Egloskerry’. After 3 miles, at the bottom of a long downhill straight, turn right signed ‘North Petherwin’. Continue to the river bridge, cross the bridge and park immediately on your right. **Please do not block the gateway.**

**The Fishing** - A lovely little trout river surrounded by quiet pleasant countryside with buzzards often overhead.
Beat 16 - River Ottery
Tinhay Lake

Rainbow and brown trout.

Distance from hotel - ½ mile

Directions - Turn left out of the hotel car park. Follow the main road through the village for about ½ mile. Opposite the Fox and Grapes pub, turn left through two open wooden gates into a car park marked ‘Private car park for Tinhay Lake’. Park in the open area - please do not attempt to drive through the next gate, you are likely to get the car stuck on the steep slope.

The Fishing - The three-acre lake is an old lime quarry and is extremely deep. It is stocked with rainbow and brown trout. This is delicate lake fishing, with incredibly clear water. Sometimes a superb evening rise, and always the chance of an 8 or 9 pounder.

Please note that all fishing is floating line, with dry fly and nymph only, no large lures please.
FISHERY RULES

All fisheries have rules and regulations. We try to make ours as simple as we can, but it is essential that they are observed.

PARKING AND ACCESS TO BEATS

We only control the fishing rights, we do not own the land on the banks, so please park your car in the specified parking places only and make sure there is room for farm vehicles to pass. Please leave all gates as you find them and walk down to the river along the hedges. Keep close to the river.

METHODS OF FISHING

All fishing is fly-only. On the lake we ask you to use floating lines with dry fly and nymph only.

DOGS

No dogs are allowed on the river beats, but they are allowed at Tinhay Lake if kept under control.

CONSERVATION

All our rivers are natural, unstocked fisheries containing wild fish. With the increasing environmental pressures of the modern world, it is essential that we all do our best to protect them. The Arundell now enforces catch and release fishing with barbless hooks on all our rivers. Any fly can be rendered barbless by flattening the barb with pliers – our guides will be pleased to assist.

CATCH LIMITS

All fishing for all species on our rivers is strictly catch-and-release. On Tinhay Lake, which is stocked, there is a bag limit of two fish per rod per day. Fish can be cooked by our chefs for you, or we can freeze them for you to take home.

SEASONS

Brown trout – 15th March to 30th September.
Sea trout – 3rd March to 30th September.
Salmon – 1st March to 14th October.
Grayling – 16th June to 14th March.
Tinhay Lake – Fishing is permitted all year.

LICENCES

All anglers must hold an Environment Agency rod licence. Licences can be obtained from the Environment Agency online, or from the Post Office during normal opening times. Lifton Post Office is 50 yards down the hill from the hotel.
Fishery Rules cont.

FISHING RECORDS
We keep records of all fish caught. Please record your catch on the sheet on the beat notice board in the main corridor of the hotel.

BEAT BOOKING
With a ‘mixed’ fishery like ours this is a complicated issue, but we think and hope we have arrived at a fair system. There are three separate beat lists; one for daytime fishing on the Tamar and Lyd beats, which offer salmon, sea trout, brown trout and grayling; one for all the other tributaries offering brown trout and grayling; and then another for mostly the Lyd beats, specifically for night sea trout fishing.

SALMON FISHING
We make up our weekly charts on Sunday for the following week, allocating beats in fair rotation from guests’ prior bookings. Anglers who have not made advance bookings for salmon beats should see our fishing guides, who will do their best to accommodate them.

BROWN TROUT FISHING
Guests may book beats of their own choice up to 24hrs ahead, i.e., from 8.30am you may book for the following day by simply writing your name in the relevant space on the beat chart. This also applies to the lake, where we can take up to 8 rods. Guests may change beats during the day provided the alterations are written on the beat chart. Salmon beats not already allocated may be fished by trout rods, but please check with our fishing guides first. You cannot pre-book the same beat on two days running.

SEA TROUT NIGHT FISHING
This is allocated as for salmon fishing. To avoid any confusion, a night is regarded as from 8.00pm to 6.00am. Similarly, for salmon and trout rods, a day runs from 6.00am to 8.00pm. Fishing outside these times can only be done by prior agreement with our fishing guides.

NOTES:
LEFT OR RIGHT BANK – Universally, on your left or right when facing downstream.
DISTANCE OF BEATS FROM HOTEL – The distance given is from the hotel to the parking place.
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Notes:
The Arundell Beat Book
To Download please scan:

Or Visit:

www.TheArundell.com/beatbook