

2 DAY NORDIC WALKING (suitable for beginners)

Sat 1st & Sun 2nd April 2023 £160PP



*Book our 2 night B&B weekend stay with collection from
Okehampton Station.*

£380 for a classic room based on 2 people sharing

01566 784666 bookings@thearundell.com

- A fabulous way to keep fit
- Walking with poles works out the upper & lower body
- Walk further & faster and keep very warm
- Our 2-day course is led by our qualified Instructor
- Suitable for beginners or those with more experience.
- Both days include a 10am start with either a fireside pub lunch or a field lunch on the moors
- Groups of up to 6 people from beginners through to more experienced Nordic walkers - medium fitness